

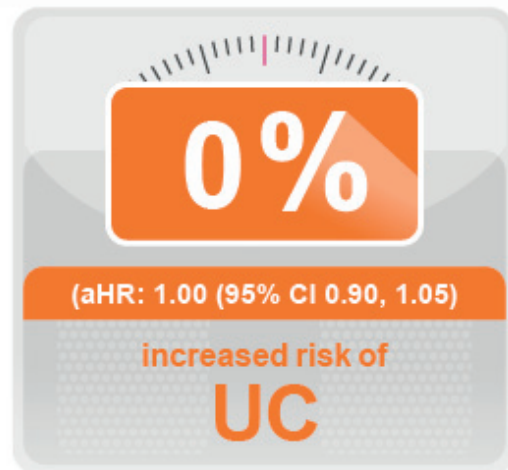
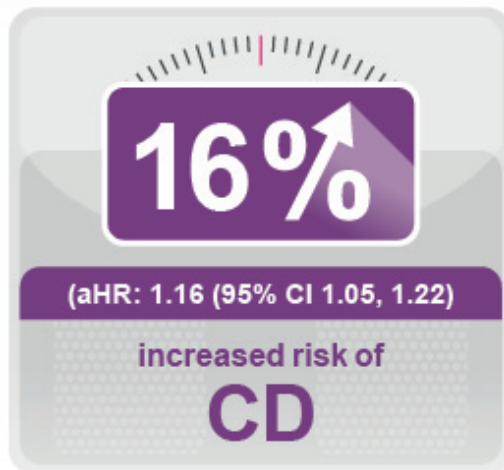


## Did you know?

...that obesity might be associated with an increased incidence of Crohn's disease (CD)?

**In a pooled analysis of 5 prospective cohorts from 9 western countries, obesity\* was associated with an increased risk of incident CD but not UC<sup>1</sup>**

Among 601,009 participants (age range: 18–98 years) with 10,110,018 person-years of follow-up, every 5 kg/m<sup>2</sup> increase in BMI was associated with:<sup>1</sup>



**The global prevalence of obesity has nearly tripled since 1975, which could be a key contributor to the increasing incidence of CD worldwide<sup>1,2</sup>**

\*Defined as BMI  $\geq 30$  kg/m<sup>2</sup>

aHR: adjusted hazard ratio; BMI: body mass index; CD: Crohn's disease; UC: ulcerative colitis

1. Chan SSM et al. Clin Gastroenterol Hepatol 2021;S1542–3565(21)00720-5.

2. WHO. Obesity and overweight. 9 June 2021.

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